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Photography by Hadar
Pitchon.

Model Nick Truelove-- Yes, His Real Name-- Reveals His Fitness Regime

Prepare to fall for this rising star.

February 6, 2016 11:05 AM by Mia Adomaitis

This season in Milan, Australian model Nick Truelove walked exclusively for Versace—and caught our eye on the runway. Here, he talks about looking good on the road, his grooming essentials, and workout routine.

Your look in three words:

Casual. Fresh. Effortless.

Never leave the house without:

My phone.

Beauty from the inside out:

Always be kind and down to earth.

Exercise regime:

Gym 4-5 times a week, balancing cardio and weight lifting.

Snack of choice:

Banana.

Grooming essentials:

Daily organic face moisturizer from Botanical Blessings.

Skincare splurge:

Organic products that are not tested on animals.

Clean-shaven or scruffy:

Clean-shaven.

Pharmacy find:

Travel size products, as I've been traveling a lot since the beginning of this year!

Always in your suitcase:

Toiletry bag.

Fragrance of choice:

Calvin Klein Euphoria Men.

Best advice from mom:

Be safe.

Best advice from the pros:

Be relaxed.

Hair icon:

Nobody.

NICK TRUELOVE

HEIGHT 6'2 HAIR *BLONDE* EYES *BROWN* SUIT 40L WAIST 32 INSEAM 33 SHIRT 15 SHOE 11